

Wishing You Wellness



Creating A Healthier Inclusive Tri-Community

What is it?

The Wishing You Wellness Program provides a 75% subsidy for TransAlta Tri Leisure Centre (TLC) Passes and Memberships.

Program purpose:

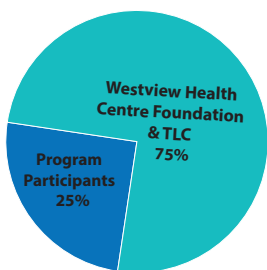
The Wishing You Wellness program facilitates community inclusion by removing barriers to access, where affordability for the recreation services offered by the TransAlta Tri Leisure Centre (TLC) falls outside of the scope of a basic living wage. The program helps to foster healthy community connections, resulting in a sense of belonging and long-term physical and mental health benefits of a health & wellness regime.

Who can apply?

Adults, seniors, youth, children, or families residing in Parkland County, the City of Spruce Grove, or the Town of Stony Plain with a household income below a pre-determined amount may apply with proof of residency and income at one of the referral agencies.

Will I have to pay something?

Approved applicants must make a 25% contribution. The Westview Health Centre Foundation and the TransAlta Tri Leisure Centre subsidize the remaining 75% directly.



What kind of access is available?

Approved participants can customize their TLC access for each person in their household – examples are a 10 Visit Pass, a One Month Pass, a Monthly Continuous Membership or an Annual Membership.

How do I get started?

1. Visit the TLC Customer Experience Desk to decide what kind of pass or membership is right for you.
2. Take your completed application form and supporting documents to one of these agencies:
 - Stony Plain Community & Social Development
 - Westview Primary Care Network
 - Spruce Grove Community & Social Development
 - Alberta Parenting for the Future

Application forms can also be found at Trileisure.com/wishingyouwellness, or at whcfoundation.com/wishing-you-wellness